

George Lewith is a qualified physician and general practitioner with his first degree in Natural Sciences from Trinity College Cambridge. He has had research, commercial and clinical careers. He is now retired from clinical practice and works solely as a university researcher and teacher. He has conducted research within CAM, primary care and integrated medicine for the last 35 years and now works in a senior role within primary care at the University of Southampton. He also has a visiting chair at the University of Westminster Centre for Resilience and works closely with Beijing University of Chinese Medicine. He has been married for 40 years and has 3 children and currently 3 grandchildren. He has travelled very widely and worked in Canada, Australia and China. He has combined his scientific interests, including over 350 peer review papers and a number of books with a series of substantial grants from various charities and the major UK medical research funding bodies. He has many hobbies that include swimming, walking, singing in a choir and daily meditation practice. He has a family history that links Israel and Germany so working with this group will be a real pleasure.

